

Buddy Camper Badge

Purpose: Learn three ways to protect the environment when you go outdoors.

Step 1: Help plan a camping trip

Plan a simple meal. Be in charge of planning one dish for your camping trip. With an adult, decide what you want to make and write a list of what you'll need to make it. Find out how to pack the food for your trip. Decide what foods you will need to wash and prepare before you go.

Learn the seven important ways to "Leave No Trace" and keep nature safe while you are camping. Talk to your family about the rules and make a list of one or two things you can do for each one.

1. Know before you go
2. Choose the right path
3. Trash your trash
4. Leave what you find
5. Be careful with fire
6. Respect wildlife
7. Be kind to other visitors

Step 2: Help pack for your trip

Ask an adult to help you make a list of what clothes and things you will need for your trip. You could also ask an older Girl Scout who has done a lot of camping. After you make a list, go on a scavenger hunt around your house and see how many of those things you can gather. Practice organizing them in your bag or backpack.

Step 3: Go camping

Now that you've set up your campsite in your backyard or in your house, plan a hike.

Ask an adult to help you plan a hike and learn the rules when you're ready to go out. Use your imagination and pretend you're in the forest. Learn songs to sing when you're on a hike, doing chores, or sitting around a campfire, like "We Are Daisy Girl Scouts" and "Make New Friends."

Congratulations! You have earned the Buddy Camper badge!



Girl Scout Daisies

